

# **RAJKIYA MAHAVIDYALAYA KANVAGHATI KOTDWAR (PAURI GARHWAL)**

## **DEPARTMENT OF SPORTS GOVT. DEGREE COLLEGE KANVAGHATI KOTDWAR ANNUAL SPORTS REPORT**

Sports is an integral part of the total education system. It helps in the attainment of the ultimate aim of education i.e., the achievement of holistic development. Games and Sports play a vital role in the student's life. A student should study hard to be successful in competitive examinations. But he should also play games and sports to enjoy the health and vigour of life. Along with bookish learning, a student should spend his time on games and sports also. Either study or work alone makes us exhaust. We remain no longer efficient to do any work. Sports remove our mental exhaustion. Education without sports is incomplete. The Department of Sports marks itself as one amongst the most efficacious Department of Govt. Degree College Kanvaghati Kotdwar. It strives to excel at all levels and bring laurels to the college. With the help of college faculty, we are continuously improving in sports field. Considering the concept of "SPORTS FOR ALL" First meeting at college level was held on for the formation of sports committee on 10/02/2017. By the proposal of the sports convener the Sports committee had passed a resolution for formation of sports department and needful infrastructure. There are four members in sports committee. In the second meeting resolutions were passed to buy sports goods as per college field (sports ground) condition and to organise the college first sports annual meet. At 24/10/2017 meeting is organised in principal room under the chairmanship with principal and different decision has been taken for 2017-2018 such as-

1. Plan for budgets for sports as per registered students
2. Dates for annual sports 2017-2018
3. Sports events for annual sports 2017-2018
4. To add other rules as per requirement

**VISION:** The vision is for all students to be physically educated and have fun while moving. Students who actively participate in sports activity programs receive a variety of benefits, including the development of:

- Improved understanding of the importance of maintaining a healthy lifestyle
- Improved understanding of movement and the human body
- Improved knowledge of rules and strategies of particular games and sports
- Self-confidence and self-worth as they relate to physical education recreation programs

### **Facilities and Infrastructure:**

- A small playground
- Volleyball court
- Badminton court
- Room for Indore game like Chess and Carom

## **Sport Goods/Equipment's:-**

- Volleyball/Net/Poles
- Badminton/Net/Pole/Shuttles
- Chess board mica complete set
- Carom boards
- Football
- Pump
- Short put
- Javelin
- Stop watch/calculator
- Aluminium Box/Almirah/Chairs
- Skipping ropes/Stationary
- Victory Stand
- First Aid Box
- Other

### **FIRST SPORTS MEET (2017-2018)**

Govt Degree College Kanvaghati Kotdwar organised its first Inter-department sports activities for students as well as some sports activities for staff (teaching and non-teaching). It is one of the largest co-curricular activity programs that offer an extensive opportunity to all the students and staff. This venture shall enable the students and staff to have fun, learn new sports, enhance social interaction and tests one's physical capability. These competitions also offer a break from the daily routine tasks and recreate or re-energetic them. In the session 2017-2018 sports charge is taken 200/- Rs per student and around 433 students were enrolled. Sports fund was approx. 86600/- Rs. A plan is made how to allocate this amount in different area of sports for the welfare of students for this purposes 02/11/2017 a meeting is organised under the chairmanship of principal of college and different decisions has been taken for 2017-2018.

- Allocation plan of sports fund(sports woods, annual sports programme, sports prizes, first aid, stationary, other expenses)
- Planning for annual sports meet 2017-2018.

The following events have been organized for the inter-faculty sports events for students:

- VOLLEYBALL (BOYS)
- CHESS (BOYS & GIRLS)
- BEDMINTON (BOYS & GIRLS)
- SHORT PUT (BOYS & GIRLS)
- CARROM (BOYS & GIRLS)

In these annual sports 2017-2018 there were around 184 students has been participated in different sports events out of which there were 132 boys and 52 girls at the time of annual function of college prize has been distributed to the winning students and overall champion. In sport competition faculty wise result is as Commerce faculty -I , Science faculty –II and Art faculty –III. Similarly overall champion is Anas Saifi B.Com. II

Total expenditure in the session 2017-2018 for the purchasing like sports goods, prizes, certificates, first aid, stationary, annual sports event and other expenses was approx. 61706/- Rs.

## Session:2017-18





## **ANNUAL SPORTS DAY 2018-2019**

Govt Degree College Kanvaghati Kotdwar organised its second Inter-department sports activities for students as well as some sports activities for staff (teaching and non-teaching). It is one of the largest co-curricular activity programs that offer an extensive opportunity to all the students and staff. This venture shall enable the students and staff to have fun, learn new sports, enhance social interaction and tests one's physical capability. These competitions also offer a break from the daily routine tasks and recreate or re-energetic them.

In the session 2018-2019 sports charge is taken 200/- Rs per student and around 477 students were enrolled. sports fund was approx. 95400/- Rs A plan is made how to allocate this amount in different area of sports for the welfare of students for these purposes 08/10/2018 &12/10/2018 meeting is organised under the chairmanship of principal of college and different decisions has been taken for 2018-2019.

- Allocation plan of sports fund (sports woods, annual sports programme, sports prizes, first aid, stationary, other expenses)
- Planning for annual sports meet 2018-2019

The following events have been organized for the inter-faculty sports events for students:

- VOLLEYBALL (BOYS)
- CHESS (BOYS & GIRLS)
- BEDMINTON (BOYS & GIRLS)
- SHORT PUT (BOYS &GIRLS)
- CARROM (BOYS & GIRLS)

In these annual sports 2018-2019 there were around 175 students has been participated in different sports events out of which there were 110 boys and 65 girls. Prizes have been distributed to the winning students and overall champion. In sport competition faculty wise result is as Science faculty –I, Commerce faculty -II , and Art faculty –III. Similarly overall champion is Anas Saifi B.Com. III (in boys) and Ritu B.Sc. I (in girls)

Total expenditure in the session 2018-2019 for the purchasing like sports goods, prizes, certificates, first aid, stationary, annual sports event and other expenses was approx. Rs.33406/-

### **Session:2018-19**





## **ANNUAL SPORTS DAY 2019-2020**

Govt Degree College Kanvaghati Kotdwar organised its third Inter-department sports activities for students as well as some sports activities for staff (teaching and non-teaching). It is one of the largest co-curricular activity programs that offer an extensive opportunity to all the students and staff. This venture shall enable the students and staff to have fun, learn new sports, enhance social interaction and tests one's physical capability. These competitions also offer a break from the daily routine tasks and recreate or re-energetic them.

In the session 2019-2020 sports charge is taken Rs 200/- per student and around 403 students were enrolled. sports fund was approx. Rs 80600/- A plan is made how to allocate this amount in different area of sports for the welfare of students for these purposes 18/10/2019 & 08/11/2019 meeting is organised under the chairmanship of principal of college and different decisions has been taken for 2019-2020.

- Allocation plan of sports fund (sports woods, annual sports programme, sports prizes, first aid, stationary, other expenses)



- Planning for annual sports meet 2019-2020.
- Proposal dates regarding annual sports meet 2019-2020
- To provide sportswear/t-shirt and nicker for participating students for going outside from the college
- Other proposal as per requirement

The following events have been organized for the inter-faculty sports events for students:

- VOLLEYBALL (BOYS)
- CHESS (BOYS & GIRLS)
- BEDMINTON (BOYS & GIRLS)
- SHORT PUT (BOYS & GIRLS)
- CARROM (BOYS & GIRLS)

In these annual sports 2019-2020 there were around 168 students has been participated in different sports events out of which there were 95 boys and 73 girls. Prizes have been distributed to the winning students and overall champion. In sport competition faculty wise result is as Commerce faculty -I , Science faculty –II and Art faculty –III. Similarly overall champion is Monika Joshi B.Com. II (in girls) and Mohit Kumar B.Com. III (in boys). Total expenditure in the session 2019-2020 for the purchasing like sports goods, prizes, certificates, first aid, stationary, annual sports event and other expenses was approx .Rs 133725/-.

## Session:2019-20





## **ANNUAL SPORTS 2020-2021**

Due to covid pandemic guidelines was applicable in that duration there was no possibility of any sports activity and therefore college and sports department were unable to organize the annual sports meet 2020-2021.

In the session 2020-2021 sports charge is taken 200/- Rs per student and around 489 students were enrolled. sports fund was approx. Rs.97800/-

Total expenditure in the session 2020-2021 for the purchasing like sports goods, prizes, certificates, first aid, stationary, annual sports event and other expenses was approx.Rs.89540/-



## ANNUAL SPORTS DAY 2021-2022

Govt Degree College Kanvaghata Kotdwar organised its third Inter-department sports activities for students as well as some sports activities for staff (teaching and non-teaching). It is one of the largest co-curricular activity programs that offer an extensive opportunity to all the students and staff. This venture shall enable the students and staff to have fun, learn new sports, enhance social interaction and tests one's physical capability. These competitions also offer a break from the daily routine tasks and recreate or re-energetic them.

In the session 2021-2022 sports charge is taken 200/- Rs per student and around 605 students were enrolled. sports fund was approx. 121000/- Rs A plan is made how to allocate this amount in different area of sports for the welfare of students for this purposes meeting is organized 24/12/2022 at under the chairmanship of principal of college and different decisions has been taken for 2021-2022 annual sports meet preparations.

The following events have been organized for the inter-faculty sports events for students:

- VOLLEYBALL (BOYS & GIRLS)
- CHESS (BOYS & GIRLS)
- BADMINTON (BOYS & GIRLS)
- SHORT PUT (BOYS & GIRLS)
- CARROM (BOYS & GIRLS)
- KABBIDI (BOYS)

In these annual sports 2021-2022 there were around 162 students has been participated in different sports events out of which there were 96 boys and 66 girls. Sports prizes have been distributed to the winning students and overall champion. In sport competition faculty wise result is as Commerce faculty -I , Art faculty –II Science faculty –III and. Similarly overall champion is Aman Rawat B.Com. I (in boys) and Saloni B.Sc. I (in girls).

Total expenditure in the session 2021-2022 for the purchasing like sports goods, prizes, certificates, first aid, stationary, annual sports event and other expenses was approx.Rs.71303/-

### **Session:2021-22**







**Various activity/sports programme Participations of sports students in inside and outside from the college in last five years :-**

- 45 students participated in RUN FOR UNITY programmed at city level under the instructions of govt. of Uttarakhand dated 31/10/2017. Out of 45 students there were 30 boys and 15 girls participated from our college.
- 25 students participated in marathon events on occasion of Vasantosav by Kanva ashram samiti Kotdwar dated 08/02/2019 . out of 25 students 15 boys and 10 girls' students participated from our college side.
- 09 students participated in GARHWAL MARATHAN-2019 at city level dated 01/10/2019. Out of 09 students there were 07 boys and 02 girls participated from our college.
- FIT INDIA MOVEMENT -YOGA programme at college level is organized at 05/11/2019 by sports department of college under the super vision of Mr. Shashi Mohan Sharma, Secretary of Shejon Yog Trust, New delhi. Whole college staff and students done yoga under the trained and experienced yoga expert. Approx 95 students participated in this programme.

- College sports department organized different sports events at 12/11/2021 in reference to UTTARAKHAND MAHOTSAV, different sports activity like badminton, chess, volleyball, and carom have been organized by sports department of college. Total number of 82 students including 60 boys and 22 girls participated in this programme.


### **Participations of sports students in inter colleges/ university level**


- 05 students participated in inter college BADMINTON championship organized by ITM Dehradun at 13/10/2018 & 14/10/2018.
- 14 students participated in inter college/university FOOTBALL championship organized by PG COLLEGE KOTDWAR at 15/11/2019 & 16/11/2019.




### **OUTCOMES:**

- Students will develop competency in many movements' activities
- Students will understand how and why they move in a variety of situations and use this information to enhance their own skills
- Students will achieve and maintain a health-enhancing level of physical fitness
- Students will exhibit a physically active and will understand that through sports activity learn challenge and self-expression.
- They will demonstrate responsible personal behaviour while participating in movements activities
- They will learn how to increase their patience power
- They will understand the relationship between history, culture and games
- Students will understand the importance of respect for others
- Development of personality
- Development of patriotism to their country

  
 Pro. (Vijay Kumar Agarwal)  
 Principal  
 Rajkiya Mahavidyalaya Kanvaghati  
 PRINCIPAL  
 Rajkiya Mahavidyalaya  
 Kanvaghati Kotdwar  
 (Pauri Garhwal)

  
 Dr. (Vinay Devlal)  
 Coordinator  
 IOAC  
 IOAC, COORDINATOR  
 Rajkiya Mahavidyalaya  
 Kanvaghati Kotdwar  
 (Pauri Garhwal)

  
 क्रीडा विभाग  
 राजकीय महाविद्यालय कोटद्वार  
 भारत